

## WHAT HAPPENS INSIDE YOUR BODY WHEN YOU LIE ON A MEDBED MAT?

You don't feel it happening. But at a microscopic level, a massive biological shift is taking place.

When you lie down on the MedBed Home Therapy Mat, three specific frequencies penetrate your skin, bypass your bones, and enter your cells.

Here is exactly what happens in the next 20 minutes:

### MINUTE 1-5: THE MITOCHONDRIA REBOOT

The 660nm Red Light hits the mitochondria (the engine of your cells). If your cells are damaged or aging, they are struggling to produce energy. The red light forces them to instantly produce ATP (pure cellular energy). Your cells wake up.

### MINUTE 5-10: THE INFLAMMATION PURGE

The 850nm Near-Infrared light goes deeper. It penetrates up to 8mm into your tissue, reaching muscles, joints, and organs. It triggers the release of nitric oxide, which dilates your blood vessels. Blood flow surges. Deep-tissue inflammation is flushed out.

### MINUTE 10-20: THE VOLTAGE SPIKE

The PEMF (Pulsed Electromagnetic Field) activates. Healthy cells operate at 70mV. Sick, inflamed cells operate at 20mV. The PEMF recharges the electrical membrane of every cell in your body, spiking the voltage back to 70mV.

At 70mV, your body stops surviving and starts regenerating.

You don't swallow a pill. You don't inject a chemical. You just give your body the exact frequencies it needs to repair itself.

Day 1: Sleep architecture deepens.

Day 7: Joint stiffness and brain fog begin to clear.

Day 14: Cellular regeneration is in full effect.

Your body is a self-healing machine. It just lost its power source.

Plug it back in. 