

DMSO / Dr Stanley Jacobs / Dilutions

From Chat GBP

70% DMSO / 30% distilled water – commonly used for topical pain applications and one of the most frequently cited concentrations in DMSO research.

50% preparations – used in several clinical studies for pain conditions such as complex regional pain syndrome and osteoarthritis.

Lower concentrations (20–30%) – often suggested for sensitive areas like the face or thin skin because stronger solutions can cause irritation.

Dr. Jacob also emphasized that:

DMSO carries substances through the skin, so the skin and anything mixed with the DMSO should be very clean and pure.

Distilled water is preferred when diluting DMSO, because of potential contaminants.

If you're asking about a **specific use** (for example, arthritis, neuropathy, scars, or internal use), Chat GBP can tell you what concentrations Dr. Jacob discussed for that particular application.