

In Vernon Coleman's opinion, vaccines are unsafe and worthless. He insists this is purely a personal view and that readers must make their own judgements based on all the available evidence.

He therefore advises anyone contemplating vaccination for themselves or their children to ask their doctor the questions listed below before being injected:

1. How dangerous is the disease for which the vaccine is being given. Exactly what are the chances that it will kill or cripple?
2. How effective is the vaccine?
3. How dangerous is the vaccine? Exactly what are the chances that it will kill or cripple?
4. What side effects are associated with the vaccine?
5. Which patients should not be given the vaccine?
6. Will you guarantee that this vaccine will protect me (my child)? If not, exactly what protection will it offer?
7. Will you guarantee that this vaccine will not harm me (my child)? If not, exactly how risky is it?
8. Will you take full responsibility for any ill effects caused by this vaccine?
9. Is the vaccination essential?

Then ask him or her to sign a note confirming what he or she has told you. If your doctor or nurse still wants to vaccinate you, ask him or her to confirm in writing that the vaccine is both essential and safe and that you are healthy enough to receive it. You may, I warn you, notice his or her enthusiasm suddenly diminish.

Ask your doctor or nurse to give you written confirmation that he or she has personally investigated the risk-benefit ratio of any vaccine they are recommending and that, having looked at all the evidence, they believe that the vaccine is safe and essential. How could any honest, caring, well-informed doctor or nurse object to signing such a confirmation – effectively, accepting responsibility if things go wrong?

Similarly, parents who are worried about having their children vaccinated should ask their doctor or nurse to sign a form taking legal responsibility for any adverse reaction. (Curiously, you might find doctors and nurses slightly reluctant to do this.)

At this point it's worth saying that most of the doctors (including nearly all GPs) who write and speak in favour of vaccination are making money out of it. On the other hand, doctors who oppose, or even question, vaccination do not stand to gain anything but are, on the contrary, putting their careers at risk.

Finally, ask the doctor to tell you the batch number of the vaccine. And keep the name of the doctor, the date, the time of any vaccination and the batch number. Also note the surgery or clinic address. Lawsuits against doctors, drug companies and the Government usually fail because people don't have this information.

Note: The above is a precis taken from Vernon Coleman's book 'Anyone who tells you vaccines are safe and effective is lying: Here's the proof'.