

Taking EDTA

Advice from Dr Sarah Myhill

EDTA does not get well absorbed when taken by mouth – it has to be given by intravenous infusion or via a suppository via the rectum.

See <https://www.detoxamin.com/>

For the latter, make you own suppositories by mixing EDTA powder with coconut oil then fashion into “bullet” shapes and store in fridge to firm up for use!

She recommends doing this daily for a month, once a year.