

WAYS TO DEFEAT CANINE CANCER

My instinct would be to start with a permanent raw meat diet and give it a few weeks to settle in. Then follow with the alkaline balance, hemp seed oil and Turmeric

Feed raw

Top of the list... switch to raw dog food. Most of the problems that affect dogs come from feeding them cooked and processed food. Read the accompanying leaflet and find out why and how you go about making the switch.

Becoming more alkaline

Getting your dog's body into alkalinity is as important. Cancer cannot survive in an alkaline environment as it thrives on acid (and sugar and carbs!).

Dogs suffer from the same mineral and vitamin deficiency as we do in our modern day diet. Switching your dog to alkaline water and putting him on a raw diet are the two majors ways a dog's body can be brought into alkaline balance.

Balancing your dog's pH will improve numerous aspects of his health. Jeff Baker, CEO/President of Canine Caviar, says that "having an alkaline based diet helps put more oxygen into the blood to allow the DNA's self-recovery mechanism to function more efficiently and effectively."

In other words, by feeding your dog foods that are above 7.0 on the pH scale, you can sway the pH level of his urine, blood, lymph, and cerebral spinal fluid in a more alkaline direction to improve health and prevent disease. This is because the most essential organs in the body require alkalinity to function at their optimal level. Wolves ingested the organs and stomach contents in addition to muscle meat on their prey (stomach and intestines are highly alkaline).

NOTE: it works for humans too. Nicola and I both take a heaped tsb of medical quality bi-carb, twice a day.

An alkaline environment in the body enables the blood to absorb more oxygen which is then transported to the tissues and organs. More oxygen in the blood means less damage from anaerobic activity. It helps prevent the development and progression of chronic illnesses that can develop into serious and life-threatening disease.

Feeding your dog an alkaline diet does more than just help him maintain the proper pH balance - it also makes sure his body is functioning at its optimal level. When your dog's body becomes too acidic, his major organs start to suffer which can lead to a whole host of health issues. An acidic pH also increases your dog's risk for degenerative disease because it prevents oxygen from entering the blood. One of the easiest ways to boost your dog's pH back into alkalinity is to feed him a raw meat diet.

Hemp Seed Oil

Hemp and cannabis oil both come from the same species of plant, Cannabis Sativa. But hemp has been bred through the centuries for use in clothing and oils and this has changed the plant somewhat.

While hemp seed is high in cannabinoids, it contains very little THC and this is the main difference between hemp and cannabis. While most hemp carries about 1% delta-9-THC, cannabis or marijuana can vary from 5-20%.

Hemp oil also contains a healthy balance of omega-6 and omega-3 fats, which can help to reduce chronic inflammation and support the immune system. And hempseed oil has been shown to reduce metastasis and cancer growth in brain, breast and lung cancer.

Hemp seed also contains plenty of vital minerals like manganese and zinc, making it a healthy addition to any diet.

To give your dog hemp seed, you can grind it fresh or buy it as an oil. Just add a teaspoon for every pound of food (but try to avoid combining hemp with poultry as it can upset the fatty acid balance).

Turmeric

Turmeric and its active ingredient, curcumin, have been extensively studied for their role in cancer treatment and prevention. The American Cancer Society claims “Curcumin interferes with cancer development, growth, and spread. Recently, curcumin has received a great deal of focus because of its ability to reduce tumour size and kill cancer cells.”

A 2012 study on rats showed that curcumin could prevent bladder cancer in rats ... and for my dogs (and most dogs), this is an important benefit since so many of our dogs are exposed to lawns treated with insecticides and herbicides, which are a major cause of bladder cancer.

The curcumin in turmeric has also been shown to inhibit the growth and spread of mammary cancer cells, prevent and inhibit brain tumours, prevent the activation of mast cells by controlling inflammation and can cause apoptosis (cancer cell death) in osteosarcoma and prevent its metastasis.

Turmeric carries many other health benefits too ... it's been shown to be just as effective as aspirin and ibuprofen in reducing pain, some studies have shown it to be just as effective as steroids and it's a potent anti-inflammatory. And cancer and other chronic diseases such as allergies, arthritis, kidney disease and more are all caused by chronic inflammation.

The curcumin in turmeric is hard for your dog to absorb because it's not soluble in water, so you should combine it with an oil such as coconut oil. Here are the ingredients and directions you'll need:

You can add the Golden Paste below directly to your dog's meals by mixing it with some water or kefir. Most dogs don't mind the taste at all!

- 1/2 cup organic turmeric powder (make sure it's organic so it contains lots of curcumin and is free of pesticides)
- 1 cup filtered water
- 1/4 cup organic, cold pressed coconut oil
- You can also add 1 1/2 tsp freshly ground pepper to increase its absorption

Mix the ingredients together in a saucepan and set it on medium/low heat for 5-10 minutes, until it forms a paste. Let the mixture cool, then place it in a jar and store it in the fridge for no more than two weeks.

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- Small dogs should start with about 1/4 teaspoon per day
- Medium dogs can start with 1/2 teaspoon per day
- Large dogs can start with 3/4 teaspoon per day
- Giant dogs can start with 1 teaspoon per day

This is a rough starting point but you can increase the amount from there, up to about a tbsp for larger dogs. But you'll want to give turmeric in smaller amounts a few times a day because curcumin leaves the body quickly.

If your dog is on any medications, check with your vet before giving him turmeric as it can interact with some medications, including anti-inflammatory, diabetes and chemotherapy drugs..

Give me a shout if you need to know where to get stuff.