

Lifting the curtain on alternative health therapies

We developed during evolution a body that had only ever known the world around it. We contain billions of bacteria and viruses but they largely keep themselves in check and many are crucial to our survival. Along the way we found the natural substances that could help with many conditions and they continue to work to this day, without dangerous side effects.

However, between the great wars, super-rich elites like the Rockefellers hit on the idea of taking the essence of these natural remedies and turning them into medicinal products that could be sold for profit. To begin with the end results were not good because, up to that time, treatment relied as much on expert intervention as swallowing substances. So instead, they hit on the idea of creating chemical derivatives that hide symptoms and require little or no knowledge of the underlying cause of illness, signalling the start of Big Pharma's race for mega profits.

So sick people now expect to swallow chemical substances that the body doesn't recognise and which usually introduce a range of unwanted side effects... unwanted, that is, by patients. For the drug companies it means they can sell something else to "cure" the side effects! And on it goes.

Sometimes (more often than you realise) the side effects prove fatal but, so powerful are the drug companies, they are able to carry on without hindrance. For instance, in the USA an estimated 70,000 people died of opioid poisoning in 2019 as a result of "correctly" taken prescription drugs. And at time of writing, it's believed that some 80 million people worldwide have died from taking the Covid-19 jabs. A man from Glaxo was asked how he sleeps at night, knowing that the vast majority of his drugs don't cure anyone of anything. He replied... "why on earth would we want to cure anyone? We'd go out of business in no time".

What to aim for

Books have been around forever and most of us now have the benefit of a computer that can search out information at the drop of a hat. We probably didn't have parents who could pass on the basic rules of health but there's nothing to stop us learning how to become our own best doctor. Start researching and find out how far you've drifted from your body's expectations and how easy it is to pick up "the knowledge". You'll never regret it.

Where to go for help

Dr Axe / dr-axe.org / a helpline that explains the background and solutions to many health problems.
Dr Sarah Myhill / drmyhill.co.uk / an integrative doctor who covers conventional and natural procedures.
The People's Health Alliance / the-pha.org / A new organisation that offers help and advice nationwide.
"What Doctors Don't Tell You" magazine / wddty.com / a mine of information that even doctors use!

Cancer is always one of the biggest topics. A recently discovered statistic confirms that people who come out of remission and begin a follow-up round of chemo and/or radiation treatment have only a 2% chance of recovery. Yet while the drug industry has managed to outlaw alternative treatments, your author has collected information on a wide range of natural interventions that are known to work. The late Dr Patrick Kingsley was way ahead of his time and saved the life of hundreds of end-stage cancer sufferers, people labelled as incurable by the medical establishment. For his pains he was frequently threatened with the sack by the General Medical Council for not using Big Pharma approved drugs. It's worth viewing a talk he gave at: https://www.youtube.com/watch?v=qLoBvC_U2RE.

The fear pandemic

We've been living with Covid-19 for a few years now. The more perceptive soon saw it was a sham and that our planet was under attack by super-rich WEF criminals (think James Bond). The Pope describes it as "World War III without bombs and bullets". People were endlessly told their life was under threat and most went off to receive jabs. Soon we were living the whole fandango of lockdowns, masks, and social

distancing... all theatre and all intended to bring about fear and obedience in a compliant world population. It later transpired that Covid-19 is no worse than flu... the jabs are the attack weapon and the objective is world depopulation. We also learned that Covid-19 had been created and patented by Pfizer in 2015 and it's a good guess that the so-called vaccines weren't far behind. For sure the jabs contain some very unpleasant ingredients but detox protocols are improving all the time.

Now, as people's pandemic fears subside, the WEF criminals have upped the ante by replacing Covid-19 with a non-existent climate crisis, a war, and talk of an alien invasion! Mainstream news is not allowed to report what is actually going on but those pulling head from sand can tune in to: <ukcolumn.org> where they will find that precious thing called truth. In particular check the medical reports provided by Debi Evans. Another place to go looking is a worldwide chat service called "Telegram".

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