

## **DETOX / Nettokinase**

National Library of Medicine . PubMed  
<https://pubmed.ncbi.nlm.nih.gov/36080170/>

Recent studies indicate the most effective way for to remove spike proteins is to take the proteolytic enzymes, NATTOKINASE. It must be taken on an empty stomach with water, allowing 30 minutes for it to be absorbed before eating.

Taking the Covid shot and boosters means that mRNA continually produces spike proteins. These are deposited into the blood vessels and even the tiny micro-vessels in organs and the brain.  
NATTOKINASE removes the mRNA and spike proteins.  
NATTOKINASE also prevents clotting