

## **USING CASTOR OIL FOR A WIDE VARIETY OF HEALTH PROBLEMS**

### **Advice from the Australian Bush**

Castor oil penetrates very deep, deeper than any other oil. And wherever castor oil penetrates, it breaks up lumps, bumps, congestions, and adhesions. It can break up a bone spur. It can break up tumours, and women have confirmed it breaks up lumps in the breast. They could be cysts or even breast cancer.

I told one patient (a doctor) who called that she needed to go on the hormone balancing cream. Then put castor oil on a panty liner and slip it into her bra over the lump for a month. After she had the operation to take it out the lump, she came to the AllSeeingBeing HeathRetreat for a week for a detox. She said the surgeon was amazed that the lump had gone from 3cm to 2cm... he couldn't believe it. Another patient said she got rid of the lump just by using the castor oil.

You put the oil on a tea towel to make a compress. Put lots of oil onto it. The oil is very thick and it takes a while to soak in. Put the oil on the middle third of the area and don't touch it for around half an hour. If you put the tea towel on the abdomen it will heal any problems there.... fibroids in the uterus, CIS on the ovaries, tumours, irritable bowel and constipation and diarrhoea. One woman with stomach tumours went her oncologist after using the oil and he confirmed the tumours had all gone. He couldn't believe it.

Put the compress under the right rib and use it to break up gallstones. Or on the back use it to break up kidney stones. Also put it on the knee to break up bone spurs. For one patient after six weeks, they'd gone down by half. She then forgot to do it and a month later found they had entirely gone. She'd also changed her diet from high acid to alkali because the acid had caused the calcium deposit on her bones. Castor oil also helps people with brain tumours... just put the compress on the affected area.

A compress of castor oil can be used many times. Say it's for a fibroid in the uterus. You might use it overnight. And it might be worth adding a small teaspoon of castor oil each time you use it again. You need to use it for at least 5 hours a day for at least 5 days a week. The compress is a vehicle to hold the castor oil. Just smearing it on the skin only gives you a thin layer and it also gets on your clothes. The thicker the compress, the more oil it will hold and the more oil will go into you.

Finally, an old Bush remedy for when you get something in your eye. Just put a drop in the eye and roll it round and that will take it out. The same thing works for glaucoma and cataracts. Just put one drop in each eye before you go to bed at night.