## FIGHTING CANCER WITH APRICOT SEEDS

<https://abukhadeejah.com/apricot-kernels-for-cancer-the-story-of-hunza-pakistan/>

There is no doubt that Apricot seeds can have a profound impact on bringing cancer into remission. People even at Stage 4 have been saved after doctors have told them there is no hope.

Laetrile is the commercial label for apricot kernels (it also goes by the name amygdalin or vitamin B17). Most fruit seeds/kernels are cyanogenic which is indeed cyanide, but in very small amounts, and this helps kill the cancer. It's also led to the myth about cyanide poisoning.

Apricot kernels may also induce the process of autophagy, which is the cell repair/recycling mechanism the body otherwise activates during periods of fasting. The two in combination have the potential to be very effective indeed.

It's said you will need the 'bitter" and not the sweet variety of Apricot seeds and that the best ones are grown in Himalayas and known as "Hunza". The seeds are raw and bitter. The more B17 the more bitter and the more effective they are.

You can also buy the brand name "Apricot Power" from either Amazon or their own website. These are softer kernels and can be eaten easily instead of being ground up. They are also non-GMO kernels. They are often taken for maintenance for the purpose of remaining cancer free. For treating cancer the recommendation is to use seeds that are raw and bitter.

There are no hard and fast rules for taking the seeds and people tend to use the following solutions:

One common rule for avoiding cancer is to take 1 apricot kernel per 10 pounds of body weight. For instance, if you weigh 160 pounds take 16 kernels per day for maintenance. If treating cancer, the dosage is much higher. As much as 30-35+ kernels daily.

You can also mix/add apricot kernel extract in capsule/tablet form for maintenance and doing it this way would decrease the amount of kernels needed daily.

Many say that apricot kernels alone can cure cancer but others believe late stage cancer needs a more aggressive approach with other support nutrients/supplements like Vitamin C and B15 (Pangamic Acid), AHCC(mushroom extract).

It's also known that cancer cannot survive in an alkaline body and nor does it like oxygen. Therefore an additional recommendation is to drink 8 glasses of ozonated water a day along with baking soda to raise the pH level close to 8. One sufferer also stopped eating sugar and carbs and was fully cured of stomach, pancreas, gallbladder, liver, and breast cancer.

While there are countless reports of success, the medical establishment simply poo-poos it all. They make a huge amount of money from their cancer medications but the sad fact is they only manage to secure a circa 4% cure rate.